

If the shoe fits...

The Affordability of Secondary School Uniform in Lancaster District and what schools should do about it

Research by Joanna Young and Jago H G Westaway, Citizens Advice North Lancashire



Foreward by a Community Commissioner at Morecambe Bay Poverty Truth Commission

""I've lost my PE kit mum", those dreaded words are frequently heard by an eye-rolling parent or carer who knows full well the ever-increasing cost of replacing it.

We're a large family, most of which are all in formal education. Three of these pupils are in a high school which imposes a policy of expensive branded PE shirts and shorts whose only purchase is via a singular retail outlet which rather contentedly monopolises on these stringent rules.

Amidst a serious cost of living crisis and other inflating household overheads such as energy and food, enforced premium prices for compulsory and branded high school uniforms are a deeply worrying financial burden for families. For many years, serious probing questions, as detailed in this comprehensive report, have needed to be raised about these overly authoritarian practices.

Some schools offer a bit of a lifeline for parents to buy second-hand uniforms, but as this report suggests, sadly not all.

Formal black school shoe prices in adult sizes have risen on a trajectory that regularly pokes a startling hole in my ceiling. Increasingly we're hunting around for shirts, trousers and shoes suitable for high school in charity shops and car-boot sales because these can be bought at much lower costs. The freedom of making non-logoed purchases means money can be saved, and instead, going on other essentials such as mounting bills which is a frequent bitter conversation topic amongst families.

This important report, arriving in such difficult economic times for families especially, strongly presents valid up to date statistical evidence with the support of real-life case studies. And, importantly challenges the painful thorn-like embedment of draconian secondary school uniform policies within our district."

The Morecambe Bay Poverty Truth Commission is part of the National Poverty Truth Commission network, and enables the stories of local people with lived experience of poverty to be heard in a way that can change the understanding and challenge the stigma of poverty. Find out more at https://www.morecambebaypovertytruthcommission.org.uk/





Executive Summary

- Our survey of 174 families living in Lancaster District showed that 80% of families worried either 'a bit' or 'a lot' about affording school uniforms.
- Over 40% of families went without essentials in order to provide secondary school uniforms for their children.
- Every mainstream secondary school in Lancaster District has detailed school uniform requirements that require a considerable outlay of money before children may join the school in Year 7 (age 11). No schools in our area allow home clothes to be worn and all of them have strict uniform policies
- Despite clear guidance from the government which states that "schools need to ensure their uniform is affordable", many families in our district struggle to meet the cost burden of supplying uniforms for their children
- In Lancaster District, assuming a good deal of price hunting to locate all items at their cheapest possible prices, the lowest possible price for a comfortable uniform was £160.63 for a small pupil at Bay Leadership Academy. The highest was £432.90 for a large one at the Royal Grammar School. Most schools (other than Ripley and the boy's Grammar) priced their uniform below the national average of £337 but for many families in the District it is too high to be genuinely affordable, especially when there are several children in the household
- Across the UK the prices of uniforms are having an effect on the economic difficulties faced by families. The Children's Society found that the average cost of a Year 7 Uniform at the start of Secondary School is £337 per child, but that parents think that just over £100 is reasonable
- Some schools in Lancaster District have free school meal rates in excess of 40% and in a cost of living crisis these families are finding it very difficult to find the money for school uniforms
- Branded school items contribute far more to uniform price than do any other components. The majority of these for most schools were provided by one local business - Uniform and Leisurewear¹, and there is not enough competition in the market so parents don't have a choice of where to purchase uniforms. The

¹ It should be noted that Uniform and Leisurewear as a business is extremely supportive of The Uniform Project and has donated generously to it over the past few years.





government guidance states that "Schools should keep the use of branded items to a minimum"²

- Information on school websites are hard to find, are in many cases are vague, uncertain or unhelpful and don't point parents in the right direction to get help when they need it, including in school holidays
- The County Council has very limited support for uniform purchase which even vulnerable families will struggle to qualify for or access

² https://www.gov.uk/government/publications/cost-of-school-uniforms/cost-of-school-uniforms





What is the government guidance regarding the provision of school uniforms?

The government produced two key documents in November 2021 about school uniforms which are:

<u>Uniform Guidance for Schools</u>³ Cost of School Uniform Guidance⁴

Within these documents are found some key quotes around school uniforms and how they should be implemented in the UK. The *Uniform Guidance for Schools* document states:

"We strongly encourage schools to have a uniform as it can play a key role in:

- Promoting the ethos of a school
- Providing a sense of belonging and identity
- Setting an appropriate tone for education."

The Government Statutory guidance on Cost states (our italics):

"Parents should not have to think about the cost of a school uniform when choosing which school(s) to apply for. Therefore, **schools need to ensure that their uniform is affordable**. In considering cost, schools will need to think about the **total cost** of school uniforms, taking in account all items of uniform or clothing parents will need to provide while their child is at the school. **Schools should keep the use of branded items to a minimum.**

Schools should ensure that their uniform supplier arrangements give the highest priority to cost and value for money (including the quality and durability of the garment.).

Single supplier contracts should be avoided unless regular tendering competitions are run where more than one supplier can compete for the contract and where the best value for money is secured. This contract should be rendered at least every 5 years.

⁴ https://www.gov.uk/government/publications/school-uniform





https://www.gov.uk/government/publications/cost-of-school-uniforms/cost-of-school-uniforms

Schools should ensure that second-hand uniforms are available for parents to acquire. Information on second hand uniforms should be clear for parents of current and prospective pupils and **published on the school's website**.

Governing boards should be compliant with much of this guidance by **September 2022**.

Where a school needs to run a competitive process to set up a new contract to secure a supplier for elements of their uniform, they will need to ensure that they have a clear plan to meet this requirement as soon as possible. The size of the contract and the number of changes required will determine how long any changes will take but the contract should be in place no later than December 2022. This will allow time for suppliers to provide the new uniform for the Summer of 2023."

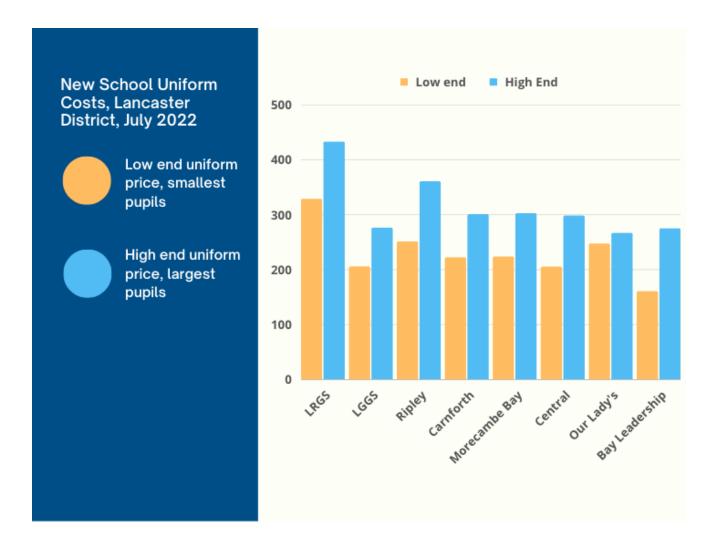




How much does a secondary School Uniform cost in Lancaster District?

Our researcher undertook a detailed analysis of the cost of buying a complete school uniform in Lancaster District for each secondary school in July 2022. A detailed breakdown of the costs and suppliers for different items can be found in the index of this report.

By 'high end' we mean fully branded items in the largest size. By 'low end' we mean using some permissible supermarket alternatives in the smallest size. The summary of costs in Lancaster are as follows:







Summary of costs, low end and high end

Prices collated in July 2022

School	Lowest Cost	Highest Cost
Lancaster Royal Grammar School	£325.59	£432.90
Lancaster Girls Grammar School	£205.59	£275.95
Ripley	£251.09	£360.04
Carnforth	£222.18	£300.49
Morecambe Bay Academy	£223.60	£302.41
Central Lancaster High School	£205.16	£292.97
Our Lady's Catholic College	£247.11	£266.61
Bay Leadership Academy	£160.63	£274.69

These prices assume a good deal of price hunting to locate all items at their cheapest possible prices - which may be challenging if parents don't have access to a car, or don't have time to search.

In Lancaster District most schools charge between £200-£300 for a full secondary school uniform, making this considerably more expensive than what is considered reasonable by parents, detailed in a national report by the Children's Society called "The Wrong Blazer"⁵. In this report, research showed that parents considered a cost of £105 as a reasonable expenditure for a secondary school uniform, but the reality is in many cases three times that figure.

⁵ https://www.childrenssociety.org.uk/sites/default/files/2020-10/the-wrong-blazer-report-2020.pdf





Help for families who are struggling with the costs of school uniforms in Lancaster District

For families on low incomes, the prospect of finding £200 - £300 for a new school uniform is challenging. For a family with two children and a single parent living on working age benefits, £300 represents 20% of their total monthly income including rental costs. With bills, food costs and rent rising steeply, it's hard to find spare money to cover these costs. Citizens Advice has heard this echoed by parents seeking help from the Lancaster District Hardship Fund over the past year.

Advisers report that clients frequently bring up school uniforms as a particular problem when they are facing hardship with many saying that they 'dread' the start of term, especially for children going into year 7 because the costs are unexpected, and unwelcome.

"I speak to so many parents who are worrying about uniforms. I've had one client saying she didn't know what to do - it's alright buying the generic stuff but the actual uniform itself, you're looking at over £200 at least, and they just don't have the money. Even if they try and save, with bills going up and with low earnings, they just can't save because other things get in the way." Adviser, Citizens Advice

"Parents on low incomes try and buy things in advance, but they can't because they don't know what size their children are going to be, or uniforms change year to year so it's really hard to plan. Lots of families plan really effectively with other expenditure, but they just can't with uniform because they don't know how tall or large their children will become August. At least some high schools are giving blazers and ties out to Year 7s but it's not guaranteed and different schools do different things. Why can't schools just make it simpler so parents can go to Adsa?" Adviser, Citizens Advice

Case Study - Client K has six children and is living on benefits. Due to the benefits cap and the two child limit, Client K receives only £1,500 per month to live off including rent, for seven people. Client K was unable to find the money to buy a school uniform for the eldest child who was entering secondary school. Citizens Advice referred client K to the Uniform Project and applied to the Hardship Fund for help so she didn't need to worry about the cost.





Case Study - Client E became a single parent to 5 children after splitting from his partner and had to move into temporary accommodation provided by the Council, and far from the previous home. All his children needed new school uniforms due to moving school, and money for travel to school which was not provided by the County Council. Client E was extremely worried about how to ensure his children had everything they needed. The Hardship Fund provided money to client E for new uniforms.

Lancashire County Council

The County Council has a fund to support pupils with the cost of school uniforms but this is extremely difficult to access and the language used on the website is far from friendly. It says:⁶

Only in very exceptional circumstances will we consider offering assistance with school clothing. Assistance with school uniform is often available from schools themselves, but also from various local charities. If you do not meet any of the criteria listed below, we would suggest that you contact your child's school in the first instance. We will generally consider applications for assistance, only where the applicant is eligible for free school meals and qualifies on one of the following grounds:

- Where a pupil is the victim of severe family dislocation, especially where there is a need for the family to be moved and have to change school
- Where a pupil's household has been affected by fire or flood and their school clothing is damaged or lost
- Where a pupil is the subject of an education, health and care plan and where the terms required a change of school during the academic year
- Where a pupil's medical condition warrants additional support
- Other exceptional circumstances

Supporting evidence from an 'appropriate professional' must accompany the request for uniform - this can be a letter, report or benefit award, for example.

The page goes on to state:

⁶ https://www.lancashire.gov.uk/children-education-families/schools/school-uniform/





A low income in itself would not generally be considered as an exceptional circumstance. Please contact your local area education office if you feel you may qualify for assistance. Applications should be made in writing, stating why you feel an award should be made, what pieces of essential uniform you need, and the costs of these items.

The appeal form itself is a four page form, part of a six page document which begins by once again setting out all possible reasons for an initial rejection.

"I couldn't get certain things for the household we needed and I had to cut down on food shopping and heating" [in order to buy school uniforms] Parent, Uniform Survey, January 2023





The Lancaster District Hardship Fund and Lancaster District Household Support Fund

The Lancaster District Hardship Fund and the Household Support Funds, provided by the Government and paid out by Lancaster City Council in partnership with Citizens Advice North Lancashire, have supported many families with school uniform costs in the past year. Some case studies are featured in this report.

In 2022 Citizens Advice North Lancashire provided charitable assistance to 1,097 people in the District and also provided support with issues relating to school uniforms to a further 24 people. Charitable support includes hardship payments, many of which are spent on essential clothing or school uniforms but we do not have an exact breakdown of the proportion of our clients who were given money specifically for school uniforms. This is partly because supermarket vouchers are issued to many clients, and parents often use these to purchase both uniform items and food.

Case Study

Client S is a grandmother who has recently taken custody of her two grandchildren, one of whom is disabled. She is working 16 hours per week and earns around £8,000 per year which takes her over the threshold to receive free school meals and therefore access to subsidised after school clubs.

Client S was behind with her bills and struggling to afford the specific items that her disabled grandson required. Her granddaughter was about to begin high school in September 2022 and she had no spare money for the uniform. The Hardship Fund was able to support Client S with her bills, provide two new single mattresses, refer her to one of our debt specialists for help and also referred her to The Uniform Project who supplied a full secondary school uniform for her granddaughter.

There are various other uniform swaps, informal Facebook groups and other mechanisms for finding school uniforms but these can be difficult for parents to find and access. One particular problem with asking for help is that schools are closed in August, which can





induce panic in parents as the new school year approaches, because they cannot always contact someone at the school to ask for help if they need it. PE kits are a particular worry.

Not all schools offer the same levels of help and support. Our own research on school websites showed a mixed picture with many assurances of support to be provided if a school staff member was contacted, but not much information prior to joining the school. For parents trying to access help in the Summer Holidays before the Autumn Term starts, it can be difficult to contact schools which causes anxiety and worry where budgets are tight.

"I had budgeted for the costs of uniform but within the month she had lost her PE kit, even though it had her name on it. I had to pay £85 on top of what I'd already paid and it had to be paid immediately or she would get in trouble. I had no time to properly save or budget and just went without." Parent, Uniform Survey, January 2023





Morecambe Bay Foodbank's Uniform Project



Volunteer Angela Wilkinson at Morecambe Bay Foodbank. The papers behind her are the individual school uniform requirements for each school in Lancaster District.

Morecambe Bay Foodbank, a registered charity and part of The Trussell Trust network based on Westgate in Morecambe, runs The Uniform Project. The scheme takes in gently used uniform, and purchases uniform, for distribution to people who may need it in the community. The project relies on self referrals from families who ask for help via their website.

In 2022 the project saw a significant increase in families seeking help, and a noticeable increase in requests for help with all items of uniform rather than just one or two pieces, as was the trend in previous years.





The project received referrals from hundreds of families as it supports primary and secondary pupils. However for secondary pupils there were requests for around 100 secondary school age children in the district from ten different schools.

The project spent around £2,000 purchasing blazers for pupils as this is the most expensive item and for some schools, the project doesn't receive the donations it needs second hand. In some cases this is because the uniforms have changed so there isn't a good supply of second hand items. The Uniform Project gives out all sorts of different items including underwear, socks, PE kits and winter coats. In recent months the quality and quantity of donated uniform received has gone down, which is likely to be in part due to the current cost of living crisis.

The Mothers Union at the Church of the Ascension in Morecambe collects and donates brand new underwear including knickers, briefs, socks, tights and vests for families, and this is added to uniform packages, which we know helps to take the financial pressure off families. Scarves, hats and coats are also added when stock is available.

"If you can put nice clean clothes on and look smart, it helps get you and your brain ready for action! It's so important that children have the chance to be smart and ready to learn, and to join in so they are not different. School uniforms help them feel like they are the same. We might think that being the same is a bit boring, but for a child in a family who is struggling, it's really important." Angela Wilkinson, Volunteer, The Uniform Project

Some families have the need to have more sets of school uniforms at home than others, especially where washing facilities are scarce, so that parents can change children into fresh clothes easily.

"People use the service for all sorts of reasons - low income, refugees, people being affected by changes in benefits, domestic violence. Where we have families living in caravan sites, many don't have washing facilities and some have no running water. For these clients, having multiple sets of school uniforms is important." Angela Wilkinson, Volunteer, The Uniform Project





The numbers of referrals received for help with school uniforms in 2022 are as follows:

Our Lady's Catholic College	35
Bay Leadership Academy	19
Morecambe Bay Academy	12
Central High School	11
Ripley St Thomas	8
Carnforth High School	6
Chadwick School	3
Lancaster Royal Grammar School	1
Lancaster Girls Grammar School	1
Garstang High School (out of district)	1

"I have to save all summer when I already do not have enough money to save." Parent, Uniform Survey January 2023

"In September we spend around £350 on uniforms for our three eldest. On top of this we have to buy shoes, PE kit and stationery. It's too expensive and we have to scrimp in the months leading up to it to be able to buy all the labelled uniform. Then we have a very limited summer because we can't afford days out etc." Parent, Uniform Survey, 2023





Sixth Form

Sixth Forms in recent years have shifted from students being able to wear home clothes to a requirement that sixth formers dress in 'business casual' attire, which often means wearing a suit to school.

This creates new and additional pressures on family budgets where young people are required to buy new, formal wear for Sixth Form. A case study about this is below.

Case Study, Morecambe Family

A client rang because his eldest son is a new student at Morecambe High School Sixth Form. The school had recently changed their dress code for Sixth Form students, asking them to wear 'smart attire'. The client was unable to afford to buy new clothing for his child. The client was unable to get support from the usual sources, such as The Uniform Project because they don't supply Sixth Form clothes.

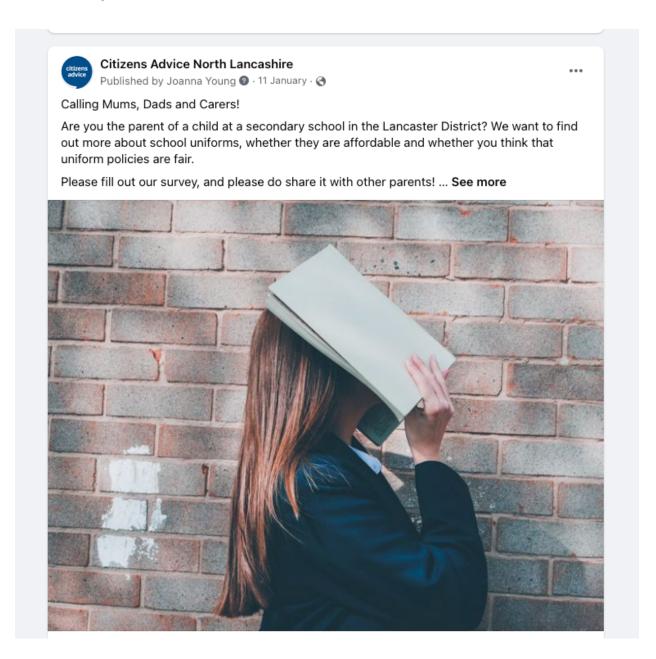
As a result the client's son did not have the right clothing for school, preventing his attendance and creating a feeling of being an outsider. This is a local issue regarding this school but it reflects a wider pattern in the UK of families on low incomes being priced out of further education by hidden costs. This limits social mobility and closes down educational avenues for young people.





Our Survey

In response to the new government guidelines, and increasing demand for the Uniform Project, Citizens Advice North Lancashire set up an online survey for parents living in Lancaster District which was publicised on Facebook and ran for a week from 11th January - 13th February 2023.







The questions that we asked were as follows:

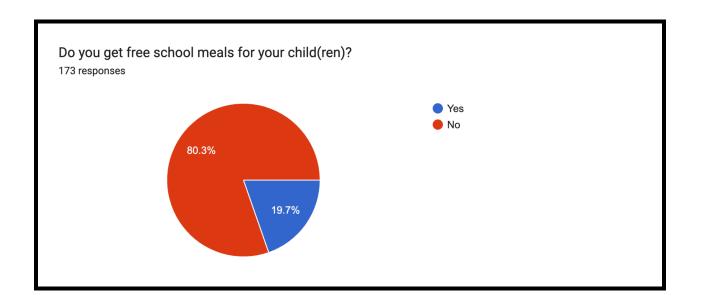
- How many children under 18 are you responsible for?
- What schools do your children attend?
- Do you get free school meals for your children?
- How is your income made up?
- How much do you think you spend per year on school uniforms for your children?
- When your children started secondary school, did you worry about affording uniforms for them?
- Did you have to go without essentials to afford school uniforms?
- If yes to the question above, can you give us more detail?
- Does your school provide a range of suppliers for the school uniform that you are required to purchase?
- Does your child's school allow you to substitute items of uniform (eg get cheaper items from a supermarket instead of branded items, to make it cheaper?)
- Does your school provide a second hand option for school uniforms?
- Do you think your child's school has strict rules around school uniforms?
- Has your child ever missed school, been sent home, excluded or told off because they didn't have the right uniform, because you couldn't afford it?
- Is your child's school supportive if you are struggling to afford uniform?
- Do you think that the uniform policy at your child's school is fair?
- Is there anything else you'd like to tell us about school uniforms?

We surveyed parents of secondary school age students in Lancaster District between 11th January and 14th February 2023. We had 174 responses from parents whose children attended secondary schools across the District.

The answers covered a range of experiences and opinions on school uniforms with many parents supportive of the concept of uniforms but critical of the specificity and punitive approach of schools when it comes to uniforms.

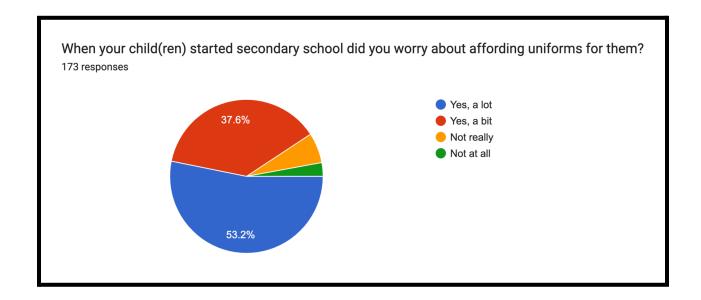






Affordability

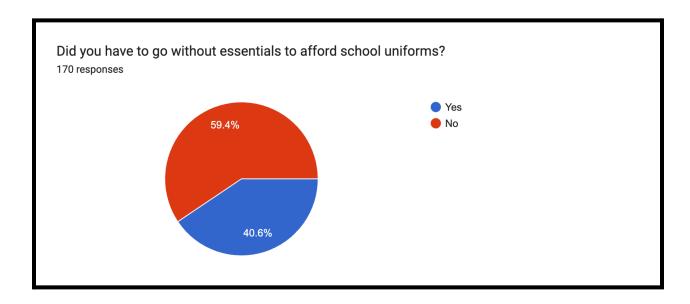
90.8% of parents said they either worried 'a bit' or 'a lot' about affording to pay for school uniforms when their children started secondary school. This was much higher than we were expecting as the Facebook survey did not target those on low incomes and only 19.7% of respondents were in receipt of free school meals.







More starkly, over 40% of respondents said that they had had to go without essentials in order to afford school uniforms. We asked for more detail about this and below are some of the extracts from respondents, which make for sobering reading.



Answers to "Did you have to go without essentials to afford school uniforms?"

"Didn't go without, but started saving monthly to prepare for the cost"

"I couldn't get certain things for the house we needed and had to cut down on food shopping and heating"

"My daughter's initial uniform costs were over £350 causing issues paying bills"

"I have two children both in secondary school and there [sic] uniform cost me over £350"

"Had to borrow money from family"

"I have to save all summer when I already do not have enough money to save"

"Uniforms are very expensive to be able to afford to buy them we have to go without some times"





"For the months of June and July we go without so I can buy uniform for September. We need more money available in August due to the summer holidays and having 4 children at home all day. So in June and July we make sure not to have any unesssential appointments (things that use fuel). We don't go anywhere or do anything that costs money, our food shop is limited to bare essentials, we don't buy clothing or shoes even if needed as we have no money. We pay the bills and that's it."

"We don't have the money to put away for uniform time, so we go without leading up to it. We live paycheck to paycheck with not alot to spare for uniform"

"All uniform these day has to have the specific school emblem on it which soon adds up, it's ridiculous. I have to buy as I go instead of forking it all out in one transaction. My child's been penalised because I couldn't afford replacement shoes on time."

"Have saved up over the year to pay for uniform"

"Everything. Miss bils mainly, and try and keep food shopping to a minimum"

"Had help from grandparents, otherwise would not have managed"

"We had to do a reduced food shop and also had to prioritise my high school child's uniform over my primary school child. We had to ask for help from family and friends."

"Changed schools and had to buy a lot all at once. I missed a food shop for a week to buy uniform"

"Had to cut out some foods, and buying myself shoes I needed"

"Had to spend the only money I had on new trousers and school shoes"

"Had to lessen our grocery shopping [to afford uniforms]"

"Had to miss some monthly bills to pay for it, and then play catch up"





"My husband and I really have to tighten our belts around uniform buying time, it is difficult"

"School is so strict on uniform everything has to be bought from the uniform shop which is extremely expensive, therefore I hardly ever buy new clothes for myself....ensuring my daughter has new uniform so she doesn't get laughed at or punished by the school for not wearing the correct uniform"

"Had to eat beans on toast for a few weeks until next payday"

"I had to reduce the amount of food I bought, the children would go without treats and trips due to having no money to fund it"

"MBA and Carnforth were ok but PE kits were very expensive. £52 for a Ripley tracksuit and that means less food for a bit"

"I don't eat if the kids need something"

"I had to save for 6 months"

"During lockdown we had limited income and had to ask my parents to help fund uniforms. I don't buy clothes for myself so I can afford theirs. I used my Christmas money to buy their coats. I have gone without things like toiletries to make sure they are dressed correctly."

"Cut back on food, gas and electricity"

"In September we spend around £350 on uniforms for our three eldest. On top of this we have to buy shoes PE kit and stationary. It is too expensive and we have to scrimp in the months leading up to it to be able to buy all the labelled uniform. Then we have a very limited summer as we cant afford days out etc"

"It's just how it is, they can't attend school without uniform! So what are parents supposed to do?"





"I started saving in the January so I could afford in August but it was still a struggle"

"School shoes are a regular necessity for my son, he walks a far distance to school and around school, due to not being able to afford strong durable good shoes, having to go with the cheaper options, they don't last long. My daughter has now been to 3 different high schools due to her special needs and each time I've had to provide new uniform, due to sensory issues I have to buy her new school socks every week. These must be blue which not only are difficult to find but expensive to buy. My 3rd oldest daughter starts high school this year and I am very worried to how I will afford 3 highschool uniforms as well as school shoes, coats, blazer bags and equipment. I will probably have to start buying items at the beginning of March in order to have everything I need for them bought for September. The younger children often loose their school cardigans and I regularly have to buy new I think this is because parents take jumpers if their not named because they are so expensive to buy."

"The uniform is very specific with a lot of items you can only buy from the uniform shop. It's not just the uniform. It's PE kit, footwear for all the various PE lessons, gum shields, swimming kits, maths sets, stationery, bags, drinks, bottles, pencil cases, apron for food tech, food items for food tech, money to pay for journals, money to pay out for design and technology, science revision books to pay for etc."

"We had to save for several months to buy the uniform initially then the first few weeks had to buy extra text books etc this meant that we had to make major cut backs in all areas including food"

"Have to put so much away each month for uniforms. The worry always is lost uniform and cost of replacement and punishment from school for missing items"



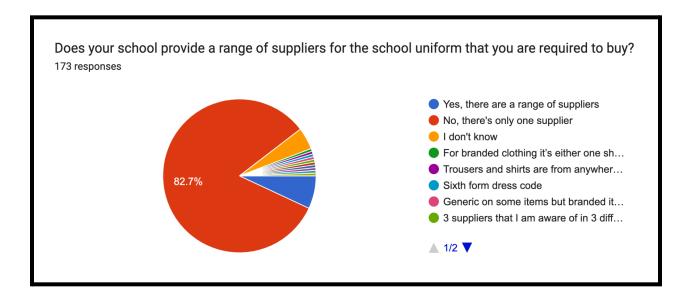


Lack of competition

The statutory guidance published by the government on 19th November 2021 states that "Single supplier contracts should be avoided unless regular tendering competitions are run where more than one supplier can compete for the contract and where the best value for money is secured. This contract should be re-tendered at least every 5 years."

In addition "Schools should ensure that second hand uniforms are available for parents to acquire. Information on second hand uniforms should be clear for parents of current and prospective pupils and published on the school's website."⁷

However, our survey showed that 82.7% of respondents said that there is only one supplier for their child's school uniform.

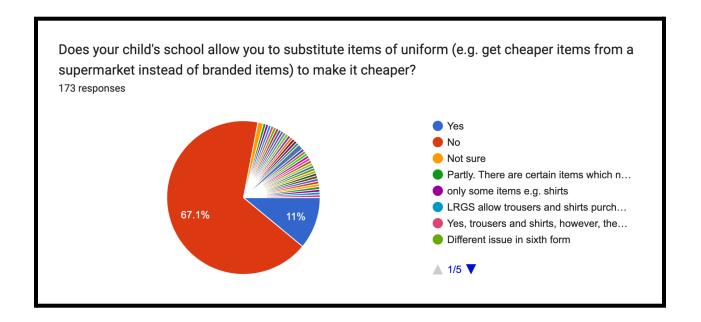


⁷ https://www.gov.uk/government/publications/cost-of-school-uniforms/cost-of-school-uniforms





Use of branded items



We asked respondents if schools would allow them to substitute items of uniform. 67% said no.

The guidance states "Schools should keep the use of branded items to a minimum"⁸

Our survey comments frequently returned to the issue of branded items as a particular problem, asking why schools required items such as branded skirts, when it should be possible to get a cheaper, generic skirt from a supermarket.

The Uniform Project at Morecambe Bay Foodbank is managed in part by volunteer Angela Wilkinson. She said: "If all schools had a simpler system with more supermarket items it would make it so much easier for families! The requirements are just so expensive when everything is branded."

"Logo jumper and sports top - fine. But the rest could be unbranded and allow cheaper shops. School seems unapproachable about hardship funds generally." Parent,

⁸ https://www.gov.uk/government/publications/cost-of-school-uniforms/cost-of-school-uniforms





"I think school jumpers, hoodies, t shirts are expensive, i don't think the school should have the authority to say whether or not my child should only wear a certain type of school skirt and then charge £22.50 for said skirt, when there are plenty of supermarkets that stock similar skirts for a fraction of the price" Parent

"I can tolerate jumpers, blazers and ties as being specific to the school. Once you start restricting [the] brand of skirt or trouser it gets expensive and ridiculous." Parent

Growing up, getting taller, getting larger

The issue of buying uniforms isn't just one at the start of high school. Young people grow fast, and their bodies change rapidly between Year 7 and Year 11.

Angela Wilkinson at the Uniform Project in Morecambe Bay Foodbank explains: "Teens grow so fast - so these costs are not one-offs. Many families have to buy new uniforms three or four years running - you have to rebuy and then you have sixth form costs if they stay on. It's not unrealistic to assume you would need at least three sets of uniform for each secondary school child during their Year 7 - Year 11 journey."

In addition to this, the Uniform Project has found an unexpected trend, difficult to discuss - which is that many families requesting uniforms for their children need much larger sizes than the stated age of their children.

"The age of the child in comparison to the size of the child is a particular problem. We are finding that many clients have very large sized children. People in poverty often have a less healthy diet and a higher sugar intake. We see many children who need sizes three or four years larger than they are, and this gets expensive as the larger sizes are dearer."

Children growing fast was referred to frequently in our survey, especially when it came to growing out of expensive items like blazers and shoes and branded PE items. Parents are frustrated that the costs keep coming, especially when things go missing or get too small. These factors mean that the headline figures in our report are not just one off costs - these are repeated year on year.





"You should be able to buy uniform in more than one place affording the PE kit on top of the uniform is ridiculous, especially with my teenage boy outgrowing mid-year also. I am dreading my next son starting high school even though they provide a tie and blazer. It doesn't help much as there is a PE kit to pay for on top of this. The primary school my youngest goes to only asks for a jumper and a PE T-shirt and as they are sold in more than one shop - it is reasonable. Why can't high schools do the same?" Parent

Uniform and Punishments

The guidance also states: "In cases where it is suspected that financial hardship has resulted in a pupil not complying with a school's published uniform policy, we would expect schools to take a mindful and considerate approach to resolve the situation."

Our survey showed that a significant proportion of pupils had experienced sanctions due to not being in the right school unforms, often due to cost.

- 15 families had a child who missed school
- 14 families had a child sent home
- 2 families said their child was excluded
- 26 families said their child was given a detention
- 60 families spoke about their child being told off
- 29 families were contacted by the school because of school uniform problems.

"[We were] Told to buy the correct colour or would be asked not to attend school. Wrong colour - dark brown instead of black worn in very cold weather." Parent

In response to the question "Is your child's school supportive if you are struggling to afford school uniforms", 50% said either 'not really' or 'not at all'. This indicates that secondary schools in Lancaster District are not currently following the government guidance to "take a mindful and considerate approach" either through being unapproachable or actively unhelpful.

https://www.gov.uk/government/publications/cost-of-school-uniforms/cost-of-school-uniforms





What's the point of a school uniform?

Online research was conducted by our researcher to find studies on this topic.
Unfortunately most search results based in the UK linked directly to websites selling school uniforms, or relied on studies conducted on behalf of uniform suppliers, and were uncited.

Thankfully there is a body of academic research on this topic which is mainly American, where the implementation of uniform remains a controversial topic. As such the different social context should be taken into account.

Generally the benefits of school uniforms are centred around a few key ideas:

- That uniforms improve discipline, including reducing bullying due to perceptible differences and clique or gang formation
- That they improve the self-esteem and focus of students by reducing the role of presentation, leading to improvements in attendance and performance
- That they foster a sense of community, and prepare students for work
- That they remove a financial burden from the families of students

Behaviour, Bullying, Equality and Clique Formation

One study indicates that attendance, adjusted by fixed-effects, rose by 0.5 pp in female middle and high school students and 0.4 pp in male students in those age groups after the adoption of uniforms in schools – which would be equivalent to 0.95 and 0.76 of a day respectively across the minimum British school year of 190 days.¹⁰

The same study, however, demonstrated negligible impact of adoption on number of disciplinary infractions in any age range. This is a contested point, with several other pieces noting positive effects on discipline levels. One 1998 study of the effects of uniform in schools on behaviour notes that, when adjusted for other variables, the only significant coefficient was that students who wore uniforms and had high proschool attitudes had

¹¹ Sanchez, J.E., Yoxsimer, A. and Hill, J.C. (2012) Uniforms in the Middle School: Student Opinions, Discipline Data, and School Police Data. *Journal of School Violence* 11:4, 345-356.





¹⁰ Gentile, E. and Imberman, S.A. (2012) Dressed for Success? The Effect of School Uniforms on Student Achievement and Behaviour. *Journal of Urban Economics* 71, pgs. 1-17.

worse behaviour problems than all other students. Uniforms seemingly had no affect [sic] on the outcomes that we studied in tandem with the variables that do affect outcomes such as academic preparedness, proschool attitudes, and peer norms;"¹² another, however, suggests that although the majority of students in a school surveyed held negative or strongly negative opinions of uniform, between 30% and 40% of students reported various disciplinary benefits of it including reductions in drug usage, bullying, gang activity, violence and teasing. ¹³

There is further disagreement as to the effects of uniform uptake on bullying, with some evidence suggesting reductions whilst some instead shows a transfer to bullying over matters such as compliance with the policy. To quote from Reidy's global-facing synthesis: "It appears that uniforms can be both protective and harmful, depending on context, how the student pushes the boundaries of uniform rules to fit in, and whether the student is part of a marginalised/socially disadvantaged group." It should be noted that there is no reason why unduly harsh enforcement of uniform policy, especially against students in the position of being unable to comply with it, should be less psychologically harmful than bullying by peers.

Reidy also notes the impact of compliance with an appearance code set by the hegemonic culture on the personal and cultural expression of individuals, especially gender-diverse students and those from religious/ethnic minorities.

In a study of one school after uniform introduction, female students reported better treatment by male students when wearing uniform than when not.¹⁵

Self-Esteem, Well-Being and Focus, Attendance and Performance

Reduction in perception of student self-expression associated with the transition to a uniform policy has been suggested as a potential cause of low self-esteem by some

¹⁵ Reidy, J. (2021) Reviewing School Uniform through a Public Health Lens: Evidence about the Impacts of School Uniform on Education and Health. *Public Health Reviews* 42, pgs. 1-17.





¹² Brunsma, D.L. and Rockquemore, K.A. (1998) Effects of Student Uniforms on Attendance, Behavior Problems, Substance Use, and Academic Achievement. *The Journal of Educational Research* 92:1, pgs. 53-62.

¹³ Sanchez, J.E., Yoxsimer, A. and Hill, J.C. (2012) Uniforms in the Middle School: Student Opinions, Discipline Data, and School Police Data. *Journal of School Violence* 11:4, 345-356.

¹⁴ Reidy, J. (2021) Reviewing School Uniform through a Public Health Lens: Evidence about the Impacts of School Uniform on Education and Health. *Public Health Reviews* 42, pgs. 1-17.

research.¹⁶ It should of course be noted that this need not apply to schools where there is no previous pupil experience of non-uniform as a standard.

Across essentially all studies looking at sample sizes larger than a single school, uniform produces either no impact on academic performance at all or slight negative impact.¹⁷

Much the same applies to "social skills, externalising and internalising problems, and school attendance patterns" according to one recent study, although this dealt only with students up to the end of the American fifth grade. There was, however, some positive impact on attendance amongst low-income children.

There is some evidence that the presence of a school uniform can worsen physical health outcomes for female students by reducing the amount of activity engaged in and acting as "a barrier to cycling to school."²⁰

Although difficulty affording a uniform is unsurprisingly linked to stress, for higher-income students several studies suggest that the presence of a uniform improves self-esteem by reducing pressures around clothing choice from peers and family.²¹

Sense of Community and Work-Readiness

Uniforms seem to have no statistically significant impact on rates of school-switching in most cases;²²it should, at any rate, be noted that this would represent the parental view of the school more than any effect on the pupil in many cases. They do, however, according to the same 2012 study that established the previous, substantially reduce the rate of teacher attrition in American elementary schools.²³

²³ Gentile, E. and Imberman, S.A. (2012) Dressed for Success? The Effect of School Uniforms on Student Achievement and Behaviour. *Journal of Urban Economics* 71, pgs. 1-17.





¹⁶ Gentile, E. and Imberman, S.A. (2012) Dressed for Success? The Effect of School Uniforms on Student Achievement and Behaviour. *Journal of Urban Economics* 71, pgs. 1-17.

¹⁷ Gentile, E. and Imberman, S.A. (2012) Dressed for Success? The Effect of School Uniforms on Student Achievement and Behaviour. *Journal of Urban Economics* 71, pgs. 1-17.

¹⁸ Ansari, A., Shepard, M. and Gottfried, M.A. (2022) School Uniforms and Student Behavior: is There a Link? *Early Childhood Research Quarterly* 58, pgs. 278-286.

¹⁹ Ansari, A., Shepard, M. and Gottfried, M.A. (2022) School Uniforms and Student Behavior: is There a Link? *Early Childhood Research Quarterly* 58, pgs. 278-286.

²⁰ Reidy, J. (2021) Reviewing School Uniform through a Public Health Lens: Evidence about the Impacts of School Uniform on Education and Health. *Public Health Reviews* 42, pgs. 1-17.

²¹ Reidy, J. (2021) Reviewing School Uniform through a Public Health Lens: Evidence about the Impacts of School Uniform on Education and Health. *Public Health Reviews* 42, pgs. 1-17.

²² Gentile, E. and Imberman, S.A. (2012) Dressed for Success? The Effect of School Uniforms on Student Achievement and Behaviour. *Journal of Urban Economics* 71, pgs. 1-17.

In one recent study, students at schools with uniforms self-reported lower levels of 'belonging' than those at schools without.²⁴

In her examination of a broad range of evidence on the effects of uniform through a public health lens, Reidy (following Bodine) describes the effect of uniform as a force that "reinforces and delineates social hierarchies and who belongs. Belonging can be inclusive, encouraging broad participation and access, or exclusive by drawing lines between people and putting up practical barriers to access, delineating who is and is not worthy of privilege.

Within institutions, uniforms are a management tool. It has the veneer of solidarity, but there is no empirical evidence linking uniform to feelings of belonging to a school. Uniform also signals tradition, and communicates the place in the education market to outsiders, especially a school's disciplinary and academic climate."²⁵

Within a District like Lancaster, where the spread of wealth and poverty between schools is so unequal, the question must be asked whether different school uniforms create assumptions about pupils, their backgrounds and their capabilities by the community at large. This is not helpful and can lead to judgement, discrimination and prejudice.

²⁵ Reidy, J. (2021) Reviewing School Uniform through a Public Health Lens: Evidence about the Impacts of School Uniform on Education and Health. *Public Health Reviews* 42, pgs. 1-17.

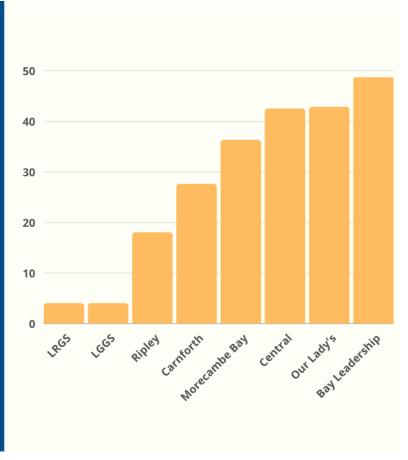




²⁴ Ansari, A., Shepard, M. and Gottfried, M.A. (2022) School Uniforms and Student Behavior: is There a Link? *Early Childhood Research Quarterly* 58, pgs. 278-286.

Free school meals





There is an uneven distribution of children in receipt of Free School meals across the different schools in Lancaster District with selective schools, especially the Grammar schools and Ripley St Thomas taking a much lower proportion of children who are experiencing poverty.

In order to qualify for free school meals, families must be in receipt of Universal Credit and earn no more than £7,400 or be in receipt of old style tax credits and earn no more than £16,190 26 . This rate has not moved for many years, so there are many families who are living in relative poverty who do not qualify for free school meals. One person working full time (37.5 hours) at the Living Wage of £9.50 per hour (2022 rate) will earn £18,525 per year. 27

²⁷ https://www.thesalarycalculator.co.uk/hourly.php





²⁶ https://www.gov.uk/apply-free-school-meals

Report Recommendations

School uniforms can be positive - they show that pupils belong to a school community and can be regarded as a good 'leveller' so that no one is shown up by not being able to follow trends. However, there is scant evidence that wearing a school uniform leads to higher attainment or behaviour and the current costs of secondary school uniforms are too high. The demands that schools are making on families are excessive, especially in a cost of living crisis, and where so many families are struggling with essential costs. It is our view that school uniform requirements could be significantly relaxed (with cost and comfort in mind) with no discernible effect on pupils' attainment.

This report has shown that many secondary schools are not yet adhering to the new government guidelines issued in 2021. In the first instance we would echo these and call for school leaders, academy trusts, academy improvement boards and governing bodies to consider carefully the following points:

- Parents should not have to worry about the costs of school uniform, or go without essentials in order to be able to buy them
- The Academy Trust or Governing Board should 'consider the wishes of parents and pupils' when setting their uniform policy. Our survey indicates that this is currently not the case and we would ask all secondary schools in Lancaster District to survey parents and pupils meaningfully to understand how many families are struggling with costs and act accordingly.
- Schools should consider the total cost of school uniforms including equipment, sports kit and other items and be clear on what these are. They should publish the costs clearly on their website and show parents where they can get help or support, even in the Summer Holidays.
- The government website states that "No pupil should be discouraged from participating in any aspect of school life, such as inter school competitions, because of the cost of additional uniform requirements." Schools in Lancaster District should consider the current cost of PE kits in particular.
- Schools should keep the use of branded items to a minimum and allow supermarket alternatives for more items, especially school skirts
- Schools should take seriously the requirement to avoid single supplier contracts





- Schools should provide second hand uniform or work more closely with The Uniform Project so that families are aware they can get help
- Schools should engage with parents and pupils when they are developing their uniform policy - and the results of the engagement should be shared
- Schools should consider more use of sew on or iron on logos, as recommended in the government guidelines
- The guidance states: "To avoid parents having to purchase multiple expensive items such as coats, bag and trainers, which they may already have purchased for use on non-school days, schools should avoid being overly specific about such items in their uniform policy." The schools in Lancaster District should review their requirements in light of this guidance.
- Schools must work harder to act with sensitivity and compassion when children are not presenting with the right uniforms. In a cost of living crisis it is critical that schools seek to understand the reality of financial pressure for many families.

In addition to the national guidance we would make the following recommendations:

- Punitive actions around uniform need to be carefully considered in the context of a
 cost of living crisis. Blaming children when parents are struggling is unfair on them
 and their life chances
- All secondary schools should consider removing the requirement for blazers
 because they are overly formal, expensive, stiff and uncomfortable. Schools should
 consider adopting a uniform with one or two branded items, and everything else
 available from a local supermarket.
- Secondary schools are all invited to visit The Uniform Project and to talk to staff and volunteers at the Foodbank so that they fully understand the pressures facing families at the moment. Support of the Uniform Project so that pupils are aware that it exists and that parents who can are encouraged to donate will help more families. Visits can be arranged by emailing the report author ioannay@northlancashirecab.org.uk
- Governing bodies and Academy Improvement Boards should review whether or not they have any parents in receipt of free school meals representing parents on those boards. If not, a Free School Meal advisory group should be set up so that all voices can be heard when policies are set.





Afterword by a Community Commissioner at Morecambe Bay Poverty Truth Commission

"Social mobility really plays a significant part in this issue. It isn't just other children who are critical of those without proper uniform, other parents often pass remarks and many teachers, consciously or otherwise, treat children differently when they lack the correct uniform. often the child is shamed and may be fully aware that their family simply do not have sufficient funds to purchase them. I have personally noticed this and I am aware of many others with similar problems. My eldest daughter went to Ripley St Thomas and that was very expensive, as was Dallam where my other daughter went.

My younger children have been to Carnforth High which really tries hard to be helpful. It offers help and sometimes free uniforms to struggling families, although it can be embarrassing knowing that the teachers are aware that the children are in receipt of Pupil Premium. However, I believe that this is handled with as much sensitivity as possible, but I still feel ashamed. The transition between primary and secondary schools can be very traumatic for some children and there is little that can be done to prepare them for the shock of entering a more competitive environment from one which is usually nurturing.

Locally, the Uniform Shops in Lancaster and Morecambe enjoy complete monopoly and the expense can be very significant. A friend of mine has severe social anxiety and so is unable to work and is on a low income. Although her children receive Pupil Premium, the anxiety prevented her from accessing free uniforms and she spent £40 on 2 jumpers from her disability benefit, depriving her of essentials.

Similarly, I have known one parent borrow money from DWP against the wishes of her partner which caused significant issues both in terms of the relationship and repaying the loan. I have wondered whether a non uniform policy with instructions for parents to buy clothing (within a limited range) from a low cost store such as Asda or Primark would-be more successful and inclusive.

The current system is failing hugely and needs to be addressed. Bullying, lack of social mobility and unfavourable personal responses toward the children from teachers are various issues arising from the problems involved with uniform policies. I hope that this report will be read by school leaders and that they will make changes."





Thanks

Many thanks are due to **Jago H G Westaway**, who volunteered his time over the Summer of 2022 with Citizens Advice North Lancashire to undertake the research for this study.

Thanks also to the **Morecambe Bay Foodbank Uniform Project** for all the amazing work they do to keep children well equipped when circumstances are hard for families in our area. Also to the **Adviser team at Citizens Advice North Lancashire** who do so much to identify these issues and find solutions.

Thanks to the **Community Commissioners at the Morecambe Bay Poverty Truth Commission** who have contributed their stories for our Foreword and Afterword and for their ongoing work highlighting poverty in our District.

Thank you to the **parents** who completed our survey, for being so honest in their opinions and making suggestions for change.

Author

This report was written by **Joanna Young**, Head of Research and Campaigns at Citizens Advice North Lancashire joannay@northlancashirecab.org.uk 07598 707358

Citizens Advice North Lancashire is a local charity, here for everyone, to provide advice and support to people, whatever their problem. We challenge unfairness, discrimination and support people so they understand their rights and obligations under the law. In 2022 we helped over 5,000 people in Lancaster District, generating over £4.2m for the local economy.

www.northlancashirecab.org.uk
www.morecambebay.foodbank.org.uk
www.morecambebaypovertytruthcommission.org.uk





Uniform Prices - our research

Uniform Prices



School	Lowest Cost	Highest Cost
Lancaster Royal Grammar School	£325.59	£432.90
Lancaster Girls Grammar School	£205.59	£275.95
Ripley	£251.09	£360.04
Carnforth	£222.18	£300.49
Morecambe Bay Academy	£223.60	£302.41
Central Lancaster High School	£205.16	£292.97
Our Lady's Catholic College	£247.11	£266.61
Bay Leadership Academy	£160.63	£274.69





Methodology

- The majority of cheap items found have been from ASDA, but other stores (including Matalan, Next and ALDI) were examined. The exception is shoes; these are not provided explicitly for school purposes in high-school sizes at many cheaper stores, so prices are based on the cheaper option of Next or Asda for trainers, compared to Clarks for a picture of the cost of properly sized and fitted shoes. Younger or smaller pupils might be sent in in shoes aimed at primary school pupils, with velcro, but this is clearly not desirable.
- For every item a range of prices is provided based on size. The lowest price band is either age 10-11, or the smallest provided in the case of school-specific items.
- · Where a school has a 6th form with a different but still formal uniform code (that is to say, a code which is not "smart casual" or some such) this is listed below it.
- · Certain items, including required items in the first instance, were either out of stock or reduced in price. All have nonetheless been recorded as if in stock and at full price, since these factors are, of course, variable.
- · It will always be possible for some reductions in pricing to be achieved by buying second-hand, from stock outlets or during sales. Likewise, many people will be able to rely on hand-me-downs from friends and family. This is not factored into the table, because good fortune in finding a bargain (which can be time-intensive and therefore difficult for low-income families) or having a strong support network should clearly not be a requirement for being able to outfit one's child. There will of course always be some people who have neither.
- · In most cases, citations will link to a specific item. In cases where multiple items are available for the same price out of a limited selection, some links to search-pages showing multiple items have been provided. This has not been done in the case of JD Sports trainers, since the website's search page does not allow for easy filtering by size.

Assumed Standards

Bare Minimum of generic items, cheapest options available:

- 1 shirt cheapest to purchase in a pack of 2 via ASDA (George,) for £5.50-6.50. [1] It should be noted that the ability to purchase a pack of multiple items in no way guarantees that a given pupil will have access to all of these items; many families will of course be attempting to supply multiple children.
- 1 pair of trousers/skirt cheapest to purchase in a pack of 2 via ASDA (George,) for £10-13.[1]
- 1 pair of black school shoes, non-velcro £9.99-49.99 from a variety of retailers, size dependent. 100
- 1 pair of trainers for P.E £9.99-£45.00 from a variety of retailers, size dependent. [iv]
- 1 rucksack or other bag £12.00 to £16.00 via ASDA (George).[V]

Overall price range: £47.48-£130.49 +specific uniform items

Notes: this is not realistically sustainable; any family struggling to afford uniform will likely be unable to afford daily washes. Nevertheless, it is worth considering as the essential minimum requirement (in addition to items required by the school for keeping a child within the schooling system without special concessions.

Comfortable Standard of generic items:





- · +3 shirts assuming both pairs from the initial purchase are kept by the same pupil, +£5.50-6.50.
- +2 pairs of trousers/skirts +£10-13.

Overall price range: £62.98-£149.99 +specific uniform items

Notes: this amount of clothing is sustainable for a family able to afford semi-regular washes, and serves as a good example for what we should expect a family to be comfortably able to afford in addition to the items required by school.

School Requirements Where Appropriate:

- · 1 blazer
- 1 jumper (necessity due to open windows) varies by school
- · 1 of any other items mandated by uniform policy
- · P.E. kit (contents vary)

Point of Comparison:

This table shows the average amount of money spent on particular items for secondary-school children nationwide, as presented in the 2020 Children's Society report *The Wrong Blazer*, adjusted for inflation 2020-2022. As the report does not show the average number of items purchased, no direct comparison is possible, but these prices may nevertheless be worth bearing in mind.

	Blazers	Jumpers and Ties	Trousers/Skirts/Dresses	P.E. Kit (including both normal kit and footwear)	Overall	"Reasonable Price" according to parents
2020 Price ^[vi]	£41.00	£35.00	£38.00	£85.00	£337.00	£105.00
~Price adjusted for inflation to 2022	£47.00	£40.00	£44.00	£98.00	£389.00	£121.00

Uniform Prices Table:

Suppliers key:

AS: ASDA

JD: JD Sports

Nx: Next





U&L: Uniform and Leisurewear – as a uniform supplier, items listed as provided by this store usually cannot be found elsewhere with the exception of mouthguards

UD: Uniform Direct - "

Ste: Stevensons - "

Sch: Item purchased from school

School	Blazer Price, if any	Jumper price, if any	Tie price, if any	P.E. Kit Items & Prices	Other Items & Prices, if any	Bare Minimum Price	Comfortabl e Price
Lancaster Royal Grammar School ^[vii]	39.99-4 9.99 U&L ^[viii]	21.99-25.99 U&L ^[ix]	7.95 U&L ^[X]	 School Shirt 17.50-19.50 U&L^[xii] School Shorts 16.50-18.50 U&L^[xiii] Socks 3.00 for 10 up to size 5.5, 4.50 for 3 size 6 to 12 AS^[xiiii] Rugby top 32.99-36.99 U&L^[xiv] Winter rugby top/ "splash shirt" 29.99-34.99 U&L^[xv] Rugby shorts 16.50-18.50^[xvii] Rugby boots 45.00 JD^[xviii] Rugby mouthguard 6.00 JD^[xviii] Swimming Trunks 4.00-15.00 AS/Nx^[xix] Towel 4.00 AS^[xx] 	N/A	313.09-4 13.40	328.59-432.





Lancaster Girls' Grammar School	N/A	21.99-25.99 U&L ^[xxi]	7.95 U&L ^[xxii]	-	School shorts 13.99-15.99 U&L ^[xxiii] School top 17.99-19.99 U&L ^[xxiv] Sports hoodie 24.99-26.99 U&L ^[xxv] Socks 3.00 for 10 up to size 5.5, 4.50 for 3 size 6 to 12 AS ^[xxvi] Knee-length hockey socks 6.50 U&L ^[xxvii] Gum shield 6.00 JD ^[xxviii] Shin pads 10.00 JD ^[xxix]	Cooking Apron 10.00 Nx ^[xxx]	190.09-2 56.45	205.59-275. 95
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Ripley CofE Academy ^{[x} xxi]	32.99-3 6.99 U&L ^{[xxxii}]	17.99-19.99 U&L ^[xxxiii]	7.95 U&L ^[xxxiv]	BOYS:	Reversible rugby shirt 27.99-31.99 U&L ^[xxxv] School polo shirt 17.50-19.50 ^[xxxvii] Navy shorts 13.99-15.99 ^[xxxviii] Red football socks 6.50 U&L ^[xxxviii] Football or rugby boots 35.00-43.00/45.00 JD ^[xxxix] Swimming Trunks 4.00-15.00 AS/Nx ^[xi] Towel 4.00 AS ^[xii] Red polo shirt £17.50-19.50 U&L ^[xiii] Navy shorts 13.99-15.99 U&L ^[xiii] Red hockey socks 6.50 U&L ^[xiiv] Football Boots 35.00-43.00 JD ^[xv] One-piece swimsuit 6.00-10.00 AS ^[xivi] Swimming Cap 6.00 Nx ^[xivii] Towel 4.00 AS ^[xiviii]	Girls Only: - Tru Tex Skir t w/ Sch ool Bad ge 21. 99- 23. 99 U& LIMIX - Ripl ey DL9 65 Tro use rs 16. 50 U& LIII	Boys: 235.59-3 33.40 Girls: 254.09-3 40.90	Boys: 251.09-352. 90 Girls: 269.59-360. 40
				-	Towel 4.00 AS ^[xlviii]			





		47 50 G L [iii]	T TO C I fliii	5016				
Carnforth High School ^[II]	N/A	17.50 Sch ^[iii]	7.50 Sch ^[liii]	BOYS:	Short sleeved training top 17.00 Sch ^[IIV] ½ zip training top 23.50 Sch ^[IV] Training shorts 14.50 ^[IVI] Socks 8.00 Sch ^[IVII] Football boots 35.00-43.00 JD ^[IVIII] Gum shield 6.00 JD ^[IIX] Shin pads 10.00 JD ^[IX] Short sleeve training top 17.00 Sch ^[IXI] Full zip training top 23.50 Sch ^[IXII] Leggings 18.00 Sch ^[IXIII] Socks 8.00 Sch ^[IXIII] Football boots 35.00-43.00 JD ^[IXV] Gumshield 6.00 JD ^[IXVI] Shin pads 10.00 JD ^[IXVII]	N/A	Boys: 206.68-2 77.49 Girls: 210.18-2 80.99	Boys: 222.18-296. 99 Girls: 225.68-300. 49
				-	Shin pads 10.00 JD ^[lxvii]			





Morecam be Bay Academy ^[] xviii]	32.99-3 6.99 U&L ^[lxix]	10.00 for 2 - 10.00 for 1 AS ^[lxx]	7.95 U&L ^[lxxi]	 Training T-shirt 17.50-19.50 U&L^[lixxii] Performance Shorts/Skort – 13.50-15.50 for performance shorts (cheapest) U&L^[lixxiii] Rugby Top 31.99-33.99 U&L^[lixxiv] Training Pants/Leggings – 19.99-21.99 for leggings (cheapest) U&L^[lixxv] Navy socks 6.50 U&L^[lixxv] 	N/A	208.10-2 82.91	223.6-302.4
Central Lancaster High School ^[lxxvii]	32.99-3 6.99 U&L ^{[[xxvi]}	10.00 for 2 to 15.00 for 1 AS/Nx ^[lxxix]	6.00 Sch ^[lxxx]	- Performance Top 17.50-19.50 U&L ^[Ixxxi] - Performance Shorts 13.99-15.99 U&L ^[Ixxxii] - Central Sports Socks 6.50 U&L ^[Ixxxiii] - Football Boots 35.00-43.00 JD ^[Ixxxiv] Numerous other optional items are available (including rugby tops, which are recommended for boys)	The option exists to wear a school skirt instead of trousers, but this is never compulsory and one costs 19.99 so this is not a budget option	189.66-2 73.47	205.16-292. 97





Our Lady's Catholic College ^{[bxx}	32.99-3 5.00 U&L/U D ^[boxvi]	19.50-25.50 U&L/UD ^{[lxxxvi}	7.95 U&L ^{[boxviii}]	-	School Hoodie 17.50-20.50 U&L ^[Ixxxix] School Polo Shirt 17.50-19.50 ^[xc] School Shorts 13.99-15.99 U&L ^[xci] School Socks 9.50-10.50 U&L ^[xcii] Football Boots 35.00-43.00 JD ^[xciii] Shin pads 10.00 JD ^[xciv]	N/A	231.61-3 18.43	247.11-266. 61
Bay Leadershi p Academy ^{[x}	29.50-3 9.50 Ste ^[xcvi]	19.25-21.75 Ste ^[xcvii]	5.50 Ste	-	Academy polo shirt, either short or long sleeved. 11.50-13.25 for short (cheaper) Ste ^[xcviii] Academy shorts/tracksuit bottoms/skort. 9.00-10.50 for shorts (cheapest) Ste ^[xcix] Socks 3.00 for 10 up to size 5.5, 4.50 for 3 size 6 to 12 AS ^[c]	N/A	145.43-2 25.19	160.63-274. 69

Appendix: Uniform Support:

Every school included in this report has been contacted regarding their policy on uniform support for disadvantaged students. As of 21/07/2022, none have replied. As such, all information below has had to be obtained from online sources, and is often clearly incomplete.

County Council:

"Only in very exceptional circumstances will we consider offering assistance with school clothing. Assistance with school uniform is often available from schools themselves, but also from various local charities. If you do not meet any of the criteria listed below, we would suggest that you contact your child's school in the first instance. We will generally consider applications for assistance, only where the applicant is eligible for free school meals and qualifies on one of the following grounds:





- · Where a pupil is the victim of severe family dislocation, especially where there is a need for the pupil to be moved and have to change school.
- · Where a pupil's household has been affected by fire or flood and their school clothing is damaged or lost.
- Where a pupil is the subject of an education, health and care plan and where the terms require a change of school during the academic year.
- · Where a pupil's medical condition warrants additional support.
- · Other exceptional circumstances.

Supporting evidence from an appropriate professional must accompany your request, this can be a letter, report or benefit award, for example.

A low income in itself would not generally be considered as an exceptional circumstance.

Please contact your local area education office if you feel you may qualify for assistance. Applications should be made in writing, stating why you feel an award should be made, what pieces of essential uniform you need and the cost of these items.

Should your application be refused by the Area Co-ordinator you can ask for your case to be reviewed by the Service, Marketing and Compliance Manager.

Appeals

If your request is refused by the Senior Officer, then you may submit a written appeal to the Student Support Appeal Committee."^[ci]

The appeal form itself is a four-page form, part of a six-page document which begins by once again setting out all possible reasons for initial rejection.

Local information found on school websites:

Lancaster Royal Grammar School:

"Friends' Shop

The Friends' Shop is located in Bay View Cottages on the top site at LRGS, selling second hand uniform ... It is open during term time on Fridays 3.30pm - 4.30pm and Saturdays 10am - 11am. The shop is entirely run and managed by volunteer parents from the Friends' Committee, with all profits going back the school for benefit of the boys at LRGS.

Financial Assistance

The Lune Scholarship Fund offers help towards uniform and school wear costs, sports gear and equipment, or towards travel costs to and from home. To apply or for further information please call 01524 580600."^[cii]

The fact that the school shop is only open in term time means that it will not be accessible to incoming parents. In addition, there is no suggestion of price available.

Lancaster Girls' Grammar School:





"Recycled Uniform

We currently have plenty of hoodies, navy jumpers, skirts and skorts in stock and we are also very grateful for any donations of uniform which your child no longer requires.

You can email your requests, specifying sizes, to Mrs Brown:

recycleduniform@lggs.lancs.sch.uk

Please make use of this facility as recycling uniform is not only sustainable but is cost effective too.

All items are sold on a donation basis."[ciii]

Essentially, this allows students in need to access uniform for free with an easy application system.

Ripley:

Several communications from the academy state that:

"We will assist and support with any issues or queries surrounding the buying of new uniform ready for the next half term"

– one example is provided in the citations. Parents are encouraged to contact their child's "Progress Leader/Assistant Progress Leader," but no other information is given on what sorts of support may be available. [civ]

Carnforth High:

"If you are unable to provide the correct equipment for your child please contact their Form Tutor or Year Leader and they will help to ensure that your child has access to the correct equipment in school." [cv]

Note that this refers specifically to *equipment* and not uniform. The phrase is not replicated in sections of the same page discussing uniform. It is simply the closest thing to any such discussion that I could find.

Morecambe Bay Academy:

At some point in the past (apparently 2019 after the initial introduction of the uniform, but the website does not make this totally clear) the school distributed uniform vouchers for one free blazer and tie to the entirety of years 7-10. [cvi] Whether or not this has ever been repeated is unclear. There is no other mention of uniform support measures.

Central Lancaster High School:

I have not been able to locate any mention of uniform support on the CLHS website.

Our Lady's Catholic College:

I have not been able to locate any mention of uniform support on the OLCC website, aside from a recommendation in the above-cited uniform page that parents compare costs between Uniform & Leisurewear and Uniform Direct to find the cheaper option as "prices vary".

Bay Leadership Academy:

"We have free second-hand uniform available to all pupils; this is through two routes:





- We operate a second-hand clothes shop during the summer holidays (2022 date TBC)
- During term-time, pupils/parents can access by contacting their Head of Year

If you have any second-hand that you would like to donate, please drop it into the school reception." [cvii]

This is an effective support system with access in and out of term times and no charge.

[i]

 $\frac{https://direct.asda.com/george/school/boys-school-shirts/boys-white-plus-fit-long-sleeve-school-shirt-2-pack/GE}{M618560,default,pd.html?cgid=D10M1G1C1}$

Size Range	Cheapest Price
10-14	£5.50
14-18	£6.50

https://direct.asda.com/george/school/trousers/D10M1G1C16,default,sc.html?srule=g_price_asc_

Size Range	Cheapest Price
10-14	£10
14-18	£13

https://www.shoezone.com/Kids/Back-to-School/Boys

https://www.next.co.uk/shop/gender-men-productaffiliation-footwear/category-shoes-colour-black-use-schoolwear-isort-price#1_0

https://www.clarks.co.uk/Kids/School-shoes/c/k14?q=:price-asc&sort=price-asc

Size	Next	Shoezone	Clarks
Juni or 13	£30 https://www.next.co.uk/style/st089663# 727315?i=Uk1eu33	£9.99 https://www.shoezone.com/Products/Trux-Boys-Slip-On-Shoe-in-Black-20396	£41 https://www.clarks.co.uk /c/Scala-Pace-Older/p/2 6166947
1	£32 https://www.next.co.uk/style/st089663# 727315?i=Uk1eu33	и	£41 https://www.clarks.co.uk /c/Scala-Pace-Older/p/2 6166947
1.5	и	£44.99	£41 https://www.clarks.co.uk





		https://www.shoezone.com/Pro	/c/Scala-Pace-Older/p/2
		ducts/Hush-Puppies-Boys-Dexte r-Junior-in-Black-267007	6166947
2	и	£ 9.99 https://www.shoezone.com/Products/Trux-Boys-Slip-On-Shoe-in-Black-20396	£41 https://www.clarks.co.uk /c/Scala-Pace-Older/p/2 6166947
2.5	и	£44.99 https://www.shoezone.com/Products/Hush-Puppies-Boys-Dexter-lunior-in-Black-267007	£41 https://www.clarks.co.uk /c/Scala-Pace-Older/p/2 6166947
3	u	£ 9.99 https://www.shoezone.com/Products/Trux-Boys-Slip-On-Shoe-in-Black-20396	N/A
3.5	и	£44.99 https://www.shoezone.com/Products/Kickers-Fragma-Sr-Boys-Lace-Up-20355	N/A
4	£34 https://www.next.co.uk/style/st089663# 727315?i=Uk1eu33	£9.99 https://www.shoezone.com/Products/Trux-Boys-Slip-On-Shoe-in-Black-20396	N/A
4.5	u .	£44.99 https://www.shoezone.com/Products/Hush-Puppies-Boys-Harry-Senior-in-Black-261011	N/A
5	£32 https://www.next.co.uk/style/st884995# A42590	£ 9.99 https://www.shoezone.com/Products/Trux-Boys-Slip-On-Shoe-in-Black-20396	N/A
5.5	£125 https://www.next.co.uk/style/st956450/T 26897#T26897?i=Uk105eu445	£49.99 https://www.shoezone.com/Products/Hush-Puppies-Boys-Bespoke-Senior-in-Black-261004	N/A





6	£32 https://www.next.co.uk/style/st884995# A42590	£9.99 https://www.shoezone.com/Products/Trux-Boys-Slip-On-Shoe-in-Black-20396	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
6.5	II	£39.99 https://www.shoezone.com/Products/Pod-Toby-Mens-Black-Shoe-530013	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
7	n e e e e e e e e e e e e e e e e e e e	£14.99 https://www.shoezone.com/Products/Hobos-Mens-Black-Slip-On-Shoe-522001	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
7.5	£125 https://www.next.co.uk/style/st956450/T 26897#T26897?i=Uk105eu445	£49.99 https://www.shoezone.com/Products/Hush-Puppies-Boys-Bespoke-Senior-in-Black-261004	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
8	£32 https://www.next.co.uk/style/st884995# A42590	£14.99 https://www.shoezone.com/Products/Hobos-Mens-Black-Slip-On-Shoe-522001	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
8.5	£165 https://www.next.co.uk/style/st900200/A 48613#A48613?i=Uk85eu425	N/A	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
9	£32 https://www.next.co.uk/style/st884995# A42590	£14.99 https://www.shoezone.com/Products/Hobos-Mens-Black-Slip-On-Shoe-522001	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
9.5	£42 https://www.next.co.uk/style/st089663# 727315?i=Uk1eu33	£39.99 https://www.shoezone.com/Products/Pod-Toby-Mens-Black-Shoe-530013	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
10	£32 https://www.next.co.uk/style/st884995# A42590	£14.99 https://www.shoezone.com/Products/Hobos-Mens-Black-Slip-On-Shoe-522001	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46





10.	N/A	£39.99 https://www.shoezone.com/Products/Pod-Toby-Mens-Black-Shoe-530013	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
11	£32 https://www.next.co.uk/style/st884995# A42590		£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
11. 5	£32 https://www.next.co.uk/style/st884995# A42590	N/A	N/A
12	£32 https://www.next.co.uk/style/st884995# A42590	£14.99 https://www.shoezone.com/Products/Hobos-Mens-Black-Slip-On-Shoe-522001	£60.00 https://www.clarks.co.uk /c/Sidton-Lace/p/261654 46
12. 5	N/A	N/A	N/A
13	£32 https://www.next.co.uk/style/st884995# A42590	£16.99 https://www.shoezone.com/Products/Hobos-Mens-Side-Twin-Gusset-Shoe-in-Black-50218	£90.00 https://www.clarks.co.uk /c/Un-Abode-Ease/p/261 36984

Running up to size 13 may seem a little extreme, but entirely anecdotally I knew a boy at school who had size 13 feet by the age of 14, and we clearly shouldn't neglect such people. Note that half sizes are generally particularly expensive, meaning that many parents may have to opt for ill-fitting shoes in order to be able to afford them more cheaply.

[iv]

Size	ADSA (George)	J.D. Sports	Shoezone
Juni	£10	£23.00	£12.99
or	https://direct.asda.com/george/kids	https://www.jdsports.co.uk/p	https://www.shoezone.com/Pro
13	/shoes/white-holographic-back-trai	roduct/adidas-tensaur-sport-t	ducts/Easy-Fasten-Boys-Trainer-
	ners/GEM884884,default,pd.html?c	raining-hook-and-loop-shoes/	80052?stresults=trainers
	gid=D25M2G1C15	<u>16492015/</u>	





1	£10 https://direct.asda.com/george/kids /shoes/white-holographic-back-trai ners/GEM884884,default,pd.html?c gid=D25M2G1C15	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£12.99 https://www.shoezone.com/Products/Easy-Fasten-Boys-Trainer-80052?stresults=trainers
1.5	N/A	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	N/A
2	£10 https://direct.asda.com/george/kids /shoes/white-holographic-back-trai ners/GEM884884,default,pd.html?c gid=D25M2G1C15	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£12.99 https://www.shoezone.com/Products/Easy-Fasten-Boys-Trainer-80052?stresults=trainers
2.5	N/A	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£29.99 https://www.shoezone.com/Products/Skechers-Microspec-Max-Kids-Purple-Multi-Trainer-802116?stresults=trainers
3	£10 https://direct.asda.com/george/kids /shoes/white-holographic-back-trai ners/GEM884884,default.pd.html?c gid=D25M2G1C15	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£12.99 https://www.shoezone.com/Products/Easy-Fasten-Boys-Trainer-80052?stresults=trainers
3.5	N/A	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£16.99 https://www.shoezone.com/Products/Ascot-Line-Kids-Easy-Fasten-Trainers-81309?stresults=trainers
4	£10 https://direct.asda.com/george/kids /shoes/white-holographic-back-trai ners/GEM884884,default,pd.html?c gid=D25M2G1C15	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£9.99 https://www.shoezone.com/Products/Lilley-Womens-Bungee-Lace-Trainer-12543?stresults=trainers £12.99





			https://www.shoezone.com/Products/Kids-Black-Lace-Up-Trainer-820026?stresults=trainers
4.5	N/A	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	N/A
5	£10 https://direct.asda.com/george/kids /shoes/white-holographic-back-trai ners/GEM884884,default,pd.html?c gid=D25M2G1C15	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	£9.99 https://www.shoezone.com/Products/Lilley-Womens-Bungee-Lace-Trainer-12543?stresults=trainers £12.99 https://www.shoezone.com/Products/Kids-Black-Lace-Up-Trainer-820026?stresults=trainers
5.5	N/A	£23.00 https://www.jdsports.co.uk/p roduct/adidas-tensaur-sport-t raining-hook-and-loop-shoes/ 16492015/	N/A
6	£12 https://direct.asda.com/george/kids /shoes/green-lace-up-active-mesh-t rainers/GEM895692.default.pd.htm !?cgid=D25M1G1C14	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	£9.99 https://www.shoezone.com/Products/Lilley-Womens-Bungee-Lace-Trainer-12543?stresults=trainers £12.99 https://www.shoezone.com/Products/Kids-Black-Lace-Up-Trainer-820026?stresults=trainers
6.5	£12.50 https://direct.asda.com/george/women/shoes/black-contrast-sole-mesh-sports-trainers/GEM838969,default,pd.html?cgid=D1M1G20C20	£42.00 https://www.jdsports.co.uk/p roduct/black-under-armour- micro-g-pursuit-bp-running-s hoes/16038159/	£19.99 https://www.shoezone.com/Products/Divaz-Heidi-Knit-Womens-Trainers-160002?stresults=trainers £29.99





			https://www.shoezone.com/Products/Ascot-Shadow-Mens-Lace-Up-Hiking-Trainers-808002?stresults=trainers
7	£12.50 https://direct.asda.com/george/women/shoes/black-contrast-sole-mesh-sports-trainers/GEM838969,default,pd.html?cgid=D1M1G20C20	£42.00 https://www.jdsports.co.uk/p roduct/black-under-armour- micro-g-pursuit-bp-running-s hoes/16038159/	£9.99 https://www.shoezone.com/Products/Lilley-Womens-Bungee-Lace-Trainer-12543?stresults=trainers £14.99 https://www.shoezone.com/Products/Mens-Lace-Up-Trainer-in-White-Navy-830158?stresults=trainers
7.5	N/A	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	N/A
8	£12.50 https://direct.asda.com/george/women/shoes/black-contrast-sole-mesh-sports-trainers/GEM838969,default,pd.html?cgid=D1M1G20C20	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	£9.99 https://www.shoezone.com/Products/Lilley-Womens-Bungee-Lace-Trainer-12543?stresults=trainers £14.99 https://www.shoezone.com/Products/Mens-Lace-Up-Trainer-in-White-Navy-830158?stresults=trainers
8.5	N/A	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	N/A





9	£12.50 https://direct.asda.com/george/women/shoes/black-contrast-sole-mesh-sports-trainers/GEM838969,default.pd.html?cgid=D1M1G20C20	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	£9.99 https://www.shoezone.com/Products/Lilley-Womens-Bungee-Lace-Trainer-12543?stresults=trainers £14.99 https://www.shoezone.com/Products/Mens-Lace-Up-Trainer-in-White-Navy-830158?stresults=trainers
9.5	N/A	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	£19.99 https://www.shoezone.com/Products/Sprox-Lace-Up-Mens-Trainers-52409?stresults=trainers
10	£14.00 https://direct.asda.com/george/me n/shoes/black-lace-up-trainers/GE M891866.default.pd.html?cgid=D2 M1G10C13	£42.00 https://www.jdsports.co.uk/p roduct/black-under-armour- micro-g-pursuit-bp-running-s hoes/16038159/	£14.99 https://www.shoezone.com/Products/Mens-Lace-Up-Trainer-in-White-Navy-830158?stresults=trainers
10. 5	N/A	£45.00 https://www.jdsports.co.uk/p roduct/adidas-falcon-2/16158 819/	£19.99 https://www.shoezone.com/Products/Sprox-Lace-Up-Mens-Trainers-52409?stresults=trainers
11	£14.00 https://direct.asda.com/george/me n/shoes/black-lace-up-trainers/GE M891866,default,pd.html?cgid=D2 M1G10C13	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	£14.99 https://www.shoezone.com/Products/Mens-Lace-Up-Trainer-in-White-Navy-830158?stresults=trainers
11.	N/A	£42.00 https://www.jdsports.co.uk/p roduct/black-under-armour- micro-g-pursuit-bp-running-s hoes/16038159/	N/A





12	£14.00 https://direct.asda.com/george/me n/shoes/black-lace-up-trainers/GE M891866,default,pd.html?cgid=D2 M1G10C13	£45.00 https://www.jdsports.co.uk/p roduct/grey-fila-forerunner-1 8/15982566/	£14.99 https://www.shoezone.com/Products/Mens-Lace-Up-Trainer-in-White-Navy-830158?stresults=trainers
12. 5	N/A	N/A	N/A
13	N/A	£42.00 https://www.jdsports.co.uk/p roduct/black-under-armour- micro-g-pursuit-bp-running-s hoes/16038159/	£14.99 https://www.shoezone.com/Pro ducts/Mens-Black-Knitted-Lace- Up-Trainer-830189?stresults=tr ainers

[[]v] https://direct.asda.com/george/clothing/10,default,sc.html?q=rucksack&srule=g_price_asc

[[]viii] https://www.ualonline.uk/product/lrgs-blazer/

Chest Size Range	Price
28-35	£39.99
36-46	£45.99
48-50	£49.99

[ix] https://www.ualonline.uk/product/lrgs-jumper/

Chest Size Range	Price
30-34	£21.99
36-42	£23.99
44-46	£25.99

[[]X] https://www.ualonline.uk/product/lrgs-tie-years-1-5/

https://www.ualonline.uk/product/p-e-t-shirt-8/

Chest Size Range	Price
26/28-32/4	£17.50





https://www.childrenssociety.org.uk/sites/default/files/2020-10/the-wrong-blazer-report-2020.pdf Pg. 6-8.

https://www.lrgs.org.uk/attachments/download.asp?file=2231&type=pdf

34/36-50/52	£19.50
5-750 50/52	213.30

[xii] https://www.ualonline.uk/product/p-e-short/

Waist Size Range	Price
22/24-26/28	£16.50
36-46	£18.50

[xiii]

Foot Size Range	Pric e	#Pai rs	Link
12.5 Junior-5 .5	£3	10	https://direct.asda.com/george/kids/girls-underwear-socks-tights/white-trainer-liners-10-pack/GEM801407.default.pd.html?cgid=D25M2G1C9
6-12	£4.5 0	3	https://direct.asda.com/george/men/socks/active-fashion-sports-socks-3-pack/GEM9 31839,default,pd.html?cgid=D2M1G10C18

[xiv] https://www.ualonline.uk/product/reversible-rugby-shirt-ss/

Chest Size Range	Price
26/28-32/34	£32.99
34/36-46/48	£36.99

[xv] https://www.ualonline.uk/product/splash-top/

Chest Size Range	Price
26/28-32/34	£29.99
34/36-46/48	£34.99

[xvi] https://www.ualonline.uk/product/rugby-short/

Waist Size Range	Price
------------------	-------





22/24-26/28	£16.50
36-46	£18.50

[[]xvii] https://www.jdsports.co.uk/search/rugby+boot/

https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard/16117915/

https://www.idsports.co.uk/product/black-adidas-snap-fit-mouth-guard-junior/16117936/

https://www.jdsports.co.uk/product/black-adidas-snap-fit-mouth-guard/16134630/

[xix]

 $\frac{https://direct.asda.com/george/kids/swimwear/boys-black-school-swim-trunks/GEM704054, default, pd.html?cgid=D25M1G1C7 Ages 10-14$

https://www.next.co.uk/style/st137659/U57570#U57570 Ages 15+

https://direct.asda.com/george/home/towels/lunar-rock-cotton-towel-range/GEM451531,default.pd.html?cgid=D26M07G07C09

https://www.ualonline.uk/product/school-jumper-year-7-9/

https://www.ualonline.uk/product/school-jumper-years-10-11/

Chest Size Range	Price
30-34	£21.99
36-38	£23.99
40-44	£25.99

[[]xxii] https://www.ualonline.uk/product/school-tie/

https://www.ualonline.uk/product/lggs-sports-shorts/

Waist Size Range	Price
24/26-28/30	£13.99
32-40	£15.99

[xxiv] https://www.ualonline.uk/product/new-lggs-p-e-top/

Chest Size Range	Price
26/28-32/34	£24.99
34/36-46/48	£26.99

[[]xxv] https://www.ualonline.uk/product/new-lggs-hoodie/





Chest Size Range	Price
26/28-32/34	£17.99
34/36-50/52	£19.99

[xxvi]

Foot Size Range	Pric e	#Pai rs	Link
12.5 Junior-5 .5	£3	10	https://direct.asda.com/george/kids/girls-underwear-socks-tights/white-trainer-liners-10-pack/GEM801407,default,pd.html?cgid=D25M2G1C9
6-12	£4.5 0	3	https://direct.asda.com/george/men/socks/active-fashion-sports-socks-3-pack/GEM9 31839.default.pd.html?cgid=D2M1G10C18

[xxvii] https://www.ualonline.uk/product/sports-socks-navv/

[xxviii] https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard/16117915/

https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard-junior/16117526/

https://www.jdsports.co.uk/product/black-adidas-tiro-club-shin-guards/16085919/

https://www.next.co.uk/search?w=apron&isort=price#1 424

https://ripleystthomas.com/app/uploads/2021/10/Uniform-and-Appearance-Policy-September-2021.pdf

[xxxii] https://www.ualonline.uk/product/boys-ripley-school-blazer/

Chest Size Range	Price
28-35	£32.99
36-46	£36.99

[xxxiii] https://www.ualonline.uk/product/ripley-tank-top-new/

Chest Size Range	Price
32-4	£17.99
36-46	£19.99

https://www.ualonline.uk/product/ripley-lower-school-tie-yrs-7-9/https://www.ualonline.uk/product/ripley-upper-school-tie-yrs-10-11/
[xxxvi] https://www.ualonline.uk/product/ripley-reversible-rugby-shirt/





Chest Size Range	Price
32-4	£27.99
36-48	£31.99

[xxxvi] https://www.ualonline.uk/product/boys-p-e-top/

Chest Size Range	Price
26/28-32/4	£17.50
34/36-50/52	£19.50

[xxxvii] https://www.ualonline.uk/product/ripley-rugby-shorts/

Waist Size Range	Price
22-8	£13.99
30-8	£15.99

[xxxviiii] https://www.ualonline.uk/product/footballrugbyhockey-socks-red-3/

[xxxix] https://www.jdsports.co.uk/search/football+boots/?sort=price-low-high

Size	Football Boots	Rugby Boots
J13-2	£35	N/A
3-5.5	£35	£45
6-11	£43	N/A

[xl]

 $\frac{https://direct.asda.com/george/kids/swimwear/boys-black-school-swim-trunks/GEM704054, default, pd. html?cgid=D25M1G1C7 Ages 10-14$

https://www.next.co.uk/style/st137659/U57570#U57570 Ages 15+

https://direct.asda.com/george/home/towels/lunar-rock-cotton-towel-range/GEM451531,default,pd.html?cgid= D26M07G07C09

[xlii] https://www.ualonline.uk/product/ripley-girls-p-e-top/

Chest Size Range	Price
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26/28-32/4	£17.50
34/36-50/52	£19.50

https://www.ualonline.uk/product/ripley-sports-shorts-2/

Waist Size Range	Price
24/6-28/30	£13.99
32-40	£15.99

Skorts are also available but slightly more expensive.

https://www.idsports.co.uk/search/football+boots/?sort=price-low-high

Size	Football Boots	Rugby Boots
J13-2	£35	N/A
3-5.5	£35	£45
6-11	£43	N/A

[xlvi]

https://direct.asda.com/george/school/girls-sports-swimwear/girls-black-printed-school-swimsuit/GEM932492,default.pd.html?cgid=D10M2G1C11

https://direct.asda.com/george/women/swimwear/black-bandeau-swimsuit/GEM841016.default.pd.html?cgid=D1M1G20C15

Size Range	Price
10/11-13/14	£6
14/15-15/16	£7
Adult sizes	£10

[xlvii]

https://direct.asda.com/george/women/swimwear/black-bandeau-swimsuit/GEM841016,default,pd.html?cgid= D1M1G20C15

[xlviii]

https://direct.asda.com/george/home/towels/lunar-rock-cotton-towel-range/GEM451531,default,pd.html?cgid= D26M07G07C09





[[]xliv] https://www.ualonline.uk/product/footballrugbyhockey-socks-red-3/

[xlix] https://www.ualonline.uk/product/trutex-stitch-down-pleat-skirt/

Waist Size Range	Price
22-8	£21.99
30-8	£23.99

For Ripley's Bare Minimum value, all prices for trousers should be replaced with the cost of one such skirt and one pair of the below. For its comfortable value, all other trousers or skirts should be replaced with one pair of the below:

https://www.carnforthhighuniform.com/product-page/carnforth-high-school-badged-sweatshirt-children-sizes

- https://www.carnforthhighuniform.com/shop
- https://www.carnforthhighuniform.com/product-page/boys-short-sleeve-training-top
- [M] https://www.carnforthhighuniform.com/product-page/boys-1-4-zip-training-jacket
- ${}^{[\![\![\!]\!]\!]}\underline{https://www.carnforthhighuniform.com/product-page/boys-training-short}$
- [wii] https://www.carnforthhighuniform.com/product-page/cool-max-padded-socks
- [viii] https://www.jdsports.co.uk/search/football+boots/?sort=price-low-high

Size	Football Boots	Rugby Boots
J13-2	£35	N/A
3-5.5	£35	£45
6-11	£43	N/A

https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard/16117915/

https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard-junior/16117526/

https://www.carnforthhighuniform.com/product-page/girls-pe-skort

[[]lxv] https://www.idsports.co.uk/search/football+boots/?sort=price-low-high

Size	Football Boots	Rugby Boots
J13-2	£35	N/A





^[1] https://www.ualonline.uk/product/riplev-girls-trouser/

https://www.carnforthhigh.co.uk/key-information/uniform-equipment/

[[]lx] https://www.idsports.co.uk/product/black-adidas-tiro-club-shin-guards/16085919/

https://www.carnforthhighuniform.com/product-page/girls-pe-short-sleeve-training-top

[[]lxii] https://www.carnforthhighuniform.com/product-page/girls-full-zip-training-jacket

https://www.carnforthhighuniform.com/product-page/girls-pe-leggings

https://www.carnforthhighuniform.com/product-page/cool-max-padded-socks

3-5.5	£35	£45
6-11	£43	N/A

[bvi] https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard/16117915/

https://www.jdsports.co.uk/product/white-adidas-snap-fit-mouth-guard-junior/16117526/

[lxviii] https://www.idsports.co.uk/product/black-adidas-tiro-club-shin-guards/16085919/

[bxiiii] https://morecambebayacademy.co.uk/news/uniform-expectations-for-2020-2021/

[lxix] https://www.ualonline.uk/product/morecambe-academy-boys-blazer/

https://www.ualonline.uk/product/morecambe-academy-girls-blazer/

Chest Size Range	Price
28-35	£32.99
36-46	£36.99

[lxx]

 $\frac{https://direct.asda.com/george/school/jumpers-sweatshirts/navy-v-neck-school-jumper-2-pack/GEM704046-235}{40,default,pd.html?cgid=D10M1G1C14}$

https://direct.asda.com/george/men/jumpers/navy-v-neck-jumper/GEM899350.default.pd.html?cgid=D2M1G10 C4

Size Range	Price
10/11-13/14	£10.00
14/15-15/16	£12.00
Adult Sizes	£10.00 for 1

[lxxi] https://www.ualonline.uk/product/morecambe-academy-tie/

[lxxii] https://www.ualonline.uk/product/morecambe-academy-training-t-shirt/

Chest Size Range	Price
26/28-32/34	£17.50
34/36-50/52	£19.50

[lxxiii] https://www.ualonline.uk/product/morecambe-academy-sports-shorts/

Waist Size Range	Price
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24/26-28/30	£13.99
32-40	£15.99

[bxiv] https://www.ualonline.uk/product/morecambe-academy-rugby-top/

Chest Size Range	Price
30/32-32/34	£31.99
34/36-46/48	£33.99

[lxxv] https://www.ualonline.uk/product/morecambe-academy-leggings/

Waist Size Range	Price
9-12 yrs	£19.99
Adult sizes (inch measurements)	£21.99

[lxxvi] https://www.ualonline.uk/product/navy-sports-socks/

[boxvii] https://www.lancasterhigh.lancs.sch.uk/students/uniform

[lxxviii] https://www.ualonline.uk/product/central-boys-blazer/

https://www.ualonline.uk/product/central-girls-blazer/

Chest Size Range	Price
28-35	£32.99
36-46	£36.99

[lxxix]

Size	Aldi (George)	Next
10-	2 for £10 https://direct.asda.com/george/school/jumpe rs-sweatshirts/black-v-neck-school-jumper-2- pack/GEM704046-23534,default,pd.html?cgid =D10M1G1C14	N/A





11- 12	и	£11 https://www.next.co.uk/style/st170493/191255#1912 55
12- 13	и	N/A
13- 14	и	£13 "
14- 15	2 for £12 "	N/A
15- 16	ш	£13 "
16- 17	N/A	N/A
17- 18	N/A	£15 "

[[]bxx] https://www.lancasterhigh.lancs.sch.uk/students/uniform

https://www.ualonline.uk/product/central-girls-p-e-top/

Chest Size Range	Price
26/28-32/34	£17.50
34/36-46/48	£19.50

[lxxxii] https://www.ualonline.uk/product/central-p-e-shorts/

Waist Size Range	Price
24/26-28/30	£13.99
32-44	£15.99

[lxxxiii] https://www.ualonline.uk/product/prostar-sports-socks-black/

[lxxxiv] https://www.idsports.co.uk/search/football+boots/?sort=price-low-high

Size	Football Boots
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[[]lxxxi] https://www.ualonline.uk/product/central-boys-p-e-top/

J13-2	£35
3-5.5	£35
6-11	£43

[bxxv] https://www.olcc.lancs.sch.uk/attachments/download.asp?file=1673&type=pdf

[lxxxvi] https://www.ualonline.uk/product/boys-blazer-3/

https://uniform-direct-ltd.ueniweb.com/services/uniform-selling/blazer-size-38-54-21564051

[lxxxvii] https://www.ualonline.uk/product/jumper/

https://uniform-direct-ltd.ueniweb.com/services/uniform-selling/olcc-jumper-size-24-30-21564052 https://uniform-direct-ltd.ueniweb.com/services/uniform-selling/olcc-jumper-size-32-38-21564053

Chest Size Range	Price
24-30	£19.50 UD
32-38	£22.50 UD
40-46	£25.50 U&L

[lxxxviii] https://www.ualonline.uk/product/school-tie-2/

[lxxxix] https://www.ualonline.uk/product/olcc-hoodie/

Size Range	Price
12-13	£17.50
All Adult Sizes	£20.50

The girls' hoodie (https://www.ualonline.uk/product/hoody/) costs substantially more, between £28.99 and £31.99, but since the standard one is listed as unisex it remains the budget option for pupils of all genders.

https://www.ualonline.uk/product/girls-polo-shirt/

Chest Size Range	Price
26/28-32/34	£17.50
34/36-50/52	£19.50

[xci] https://www.ualonline.uk/product/shorts/

Waist Size Range	Price
22/24-26/28	£13.99





[[]xc] https://www.ualonline.uk/product/boys-polo-shirt/

[xcii] https://www.ualonline.uk/product/socks/

Shoe Size Range	Price
12-6	£9.50
6-13	£10.50

[xciii] https://www.idsports.co.uk/search/football+boots/?sort=price-low-high

Size Range	Football Boots
J13-2	£35
3-5.5	£35
6-11	£43

https://www.jdsports.co.uk/product/black-adidas-tiro-club-shin-guards/16085919/

[xcv]

https://www.bayleadershipacademy.com/download/uniform-guide/?wpdmdl=5650&refresh=62d5709e0e93016 58155166

 $\underline{https://www.bayleadershipacademy.com/download/uniform-policy/?wpdmdl=3178\&refresh=62d67b0ad72db1}\\ \underline{658223370}$

N.B. That the Stevensons' uniform page for the school cannot be accessed without a school login, and as such it is not possible to determine whether the prices have been updated since 2020. This list assumes that they have not, and all otherwise uncited items refer to the price given in the uniform booklet.

Chest Size Range	Price
28-36	£29.50
38-44	£39.50

[xcvii]

Chest Size Range	Price
30	£19.25
32-40	£21.75





[xcviii]

Chest Size Range	Price
26/28-30/32	£11.50
34/36-42/44	£13.25

[xcix]

Waist Size Range	Price
22/24-26/28	£9.00
30/32-38/40	£10.50

[c]

Foot Size Range	Pric e	#Pai rs	Link
12.5 Junior-5	£3	10	https://direct.asda.com/george/kids/girls-underwear-socks-tights/white-trainer-liners-10-pack/GEM801407,default,pd.html?cgid=D25M2G1C9
6-12	£4.5 0	3	https://direct.asda.com/george/men/socks/active-fashion-sports-socks-3-pack/GEM9 31839,default.pd.html?cgid=D2M1G10C18

[[]ci] https://www.lancashire.gov.uk/children-education-families/schools/school-uniform/

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[[]cii] https://www.lrgs.org.uk/attachments/download.asp?file=2232&type=pdf

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https://ripleystthomas.com/app/uploads/2021/11/Uniform-letter-1.pdf https://ripleystthomas.com/?s=uniform

[[]cv] https://www.carnforthhigh.co.uk/key-information/uniform-equipment/

[[]cvi] https://morecambebayacademy.co.uk/news/uniform-vouchers/

[[]cvii] https://www.bayleadershipacademy.com/second-hand-uniform/

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